

Resolution No. 133-37 (COR)

Introduced by

Jesse A. Lujan  
Dwayne T. D. San Nicolas  
Amanda L. Shelton  
Frank Blas, Jr.  
Joe S. San Agustin  
William A. Parkinson  
Telo T. Tartague  
Sabina Flores Perez  
Roy A. B. Quinata  
Thomas J. Fisher  
Christopher M. Dueñas  
Joanne Brown  
Therese M. Terlaje  
Tina Rose Muña Barnes  
Chris Barnett



**Relative to recognizing Custom Fitness for their contributions to the health and wellness of the community of Guam; and congratulating them on their Tenth (10<sup>th</sup>) Year anniversary and the opening of their second (2<sup>nd</sup>) location.**

**BE IT RESOLVED BY THE COMMITTEE ON RULES OF I MINA TRENTAI SIETTE NA LIHESLATURAN GUÅHAN:**

**WHEREAS**, Custom Fitness was founded in 2012 and formally established in 2013 by Ryan Claros and Paul Claros, who later brought on Samantha Sablan and Steven Sablan as co-owners; and

**WHEREAS**, the mission of Custom Fitness is to provide wellness solutions for the whole family; and it strives to create a welcoming and inclusive environment where individuals of all ages and all fitness levels can achieve their health goals; and

**WHEREAS**, in 2013, Custom Fitness opened their first (1<sup>st</sup>) location at the old Corn Building in *Anigua* and expanded to the Ambros Warehouse in 2016; and

**WHEREAS**, in 2023, Custom Fitness will be celebrating its tenth (10<sup>th</sup>) year anniversary of doing business on Guam, and opening their second (2<sup>nd</sup>) location in *Tamuning*; and

**WHEREAS**, the physical therapy services and fitness programs at Custom Fitness empowers clients and gym members by enhancing their physical, mental, and emotional well-being; and

**WHEREAS**, spreading awareness and educating the community is a top priority of the Custom Fitness staff, who are committed to educating their clients on the importance of exercise, proper nutrition, and self-care practices to ensure long-term health and wellness; and

**WHEREAS**, the core belief of Custom Fitness is that health and wellness are essential for the entire family, and they are dedicated to providing personalized care tailored to each member. The staff at Custom Fitness are experienced and compassionate professionals who are dedicated to helping their clients reach their potential, fulfill their goals, and live their healthiest lives; and

**WHEREAS**, establishments like Custom Fitness support and promote people with healthy mindsets and healthy lifestyles, bringing value to our island community by encouraging and improving the physical, mental, and emotional wellbeing of their members; now therefore, be it


**RESOLVED**, that the Committee on Rules of *I Mina'trentai Siette Na Liheslaturan Guåhan* does hereby, on behalf of *I Liheslaturan Guåhan* and the people of Guam, recognize Custom Fitness for their contributions to the health and wellness of the community of Guam; and congratulate them on their Tenth (10<sup>th</sup>) Year anniversary and the opening of their second (2<sup>nd</sup>) location; and be it further

**RESOLVED**, that the Speaker and the Chairperson of the Committee on Rules certify, and the Legislative Secretary attest to, the adoption hereof, and that copies of the same be thereafter transmitted to Paul Claros, Custom Fitness Owner and Director of Programming; to Ryan Claros, Custom Fitness Owner, Physical Therapist, and Director of Rehabilitation; to Samantha Sablan, Custom Fitness Owner and President of Operations; and to the Honorable Lourdes A. Leon Guerrero, *I Maga'hågan Guåhan*.

**DULY AND REGULARLY ADOPTED BY THE COMMITTEE ON RULES OF I MINA TRENTAI SIETTE NA LIHESLATURAN GUÅHAN ON THE 31<sup>ST</sup> DAY OF JUNE 2023.**

  
THERESE M. TERLAJE  
Speaker

  
CHRIS BARNETT  
Chairperson, Committee on Rules

  
AMANDA L. SHELTON  
Legislative Secretary

